NEEDS ASSESSMENT

Your name_________________________   Date______________

Please put a check next to the issues that you see as important to the students at PBHS.

____  1.   Bereavement/grief
____  2.   Exploring future career choices
____  3.   Setting and carrying out goals
____  4.   Managing conflict with others
____  5.   Coping with pressures from school, home & friends
____  6.   Understanding their abilities, interests, & aptitudes
____  7.   Dealing with divorce
____  8.   Asking for what they want in an acceptable and assertive manner
____  9.   Improving study skills and test-taking skills
____ 10.  Drugs/alcohol
____ 11.  Selecting the most appropriate courses in school
____ 12.  Nutrition and a healthy lifestyle
____ 13.  Learning to live in a new culture
____ 14.  Pregnancy
____ 15.  Dealing with people of a different ethnicity, race, or religion
____ 16.  Time management and organization
____ 17.  Making friends
____ 18.  Information about options for after high school
____ 19.  Getting along with others
____ 20.  How to express feelings
____ 21.  Self-esteem
____ 22.  Stress management
____ 23.  Selecting and getting into college
____ 24.  Other (please specify) ______________________________

From the list above, please write the numbers of what you feel are the five most important topics.

1. _______  2. _______  3. _______  4. _______  5. _______

What are some of the other ways the counseling department can support you as you work with your child?